



**2010 BMO CANADIAN FIGURE SKATING CHAMPIONSHIPS**  
 John Labatt Centre  
 London, ON  
 January 14-17, 2010



Thursday, January 14	Friday, January 15	Friday, January 15	Saturday, January 16	Sunday, January 17
JLC	Highbury Ford - WFSS	JLC	JLC	JLC
05:00				
06:00				
07:00			7:00 SPF W 25'	
08:00	8:00 SM S/F 40'	7:30 SWS W 25'	7:25	
09:00	8:50	7:55	8:00	
10:00	9:40	8:30	8:40 SWF W 25'	9:00
11:00	10:35 SDC W 25'	9:55	9:05	FIRST HALF EXHIBITION PRACTICE
12:00	11:00	10:00	9:40	9:45
13:00	11:35	10:40 SDO W 25'	10:20 SDF W 25'	Finale EXH PRACTICE
14:00	12:15 SW F 35'	11:05	10:45	10:15
15:00	12:50	11:40	11:30	LAST HALF EXHIBITION PRACTICE
16:00	13:35	END 12:30	12:55	11:50 SMF W 25'
17:00	14:25 SP S/F 40'	12:55	14:00 SDF W	12:15
18:00	15:15	15:15 SMS W 25'	15:00	12:50
19:00	16:05	15:40	16:55	14:00 CANSKATE SHOWCASE
20:00	17:00 NOVICE GALA EXHIBITION AND OPENING CEREMONIES	16:15	18:00	MEDAL PRESENTATIONS - SR PAIRS, WOMEN, DANCE
21:00	18:00	16:55	18:10 SM F 35'	HALL OF FAME SPECIAL PRESENTATIONS
22:00	19:00	19:25	19:00	16:00
23:00	END 19:50	19:25	19:00	SENIOR MEN FREE
24:00		19:25	21:50 SM F 35'	19:05
		END 19:00	22:35	OLYMPIC TEAM ANNOUNCEMENT
		19:25		19:30 MEDAL PRESENTATIONS - MEN
		END 22:00		20:15
				JUNIOR/SENIOR EXHIBITION GALA
				END 22:20

**Singles/Pairs Skating**

S = Short Program  
 F = Free Program

**Ice Dancing**

C = Compulsory  
 O = Original Dance  
 F = Free Dance

\* = practices in starting order  
 \*\* = live TV

WOMEN	MEN	PAIRS	DANCE
10 MIN FLOOD	15 MIN FLOOD		

SCHEDULE IS SUBJECT TO CHANGE  
 AS OF January 6, 2010  
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