



Welcome to the 2013/2014

Skating Season!

What to do on your first day:

- Please come about 15 minutes early and check in with our registration desk!! Permanent name tags will be provided for your skater's helmet.
- Ensure you pick up your fundraising ticket booklet the first week of skating if you didn't receive one at registration.
- CSA Approved helmets are mandatory for all Canskate level skaters. Skaters should wear mittens, and warm clothing. They should be mobile but warm. Please ensure skates are tied tight enough, no hanging or loose laces.
- Parents, please use the change rooms that are assigned on the monitor upon entry into the Gale Centre! Keep bags, and belongings in the change rooms. It is a safety hazard when children are walking to and from their change room to step over or around belongings left around the benches.
- Parents are encouraged to use the seating that is provided to watch your child. Parents are NOT permitted to watch from the players benches.
- Badges will be tested and given out on an ongoing basis throughout the season by our Certified Canskate Instructors.
- Be sure to check the boards regularly to let your child know what group they are in, as children will be moved according to their skill level. This will save time and help things run smoothly on the ice.
- If a skating session is cancelled due to weather notice will be posted on the NFSA website www.niagarafallsskatingacademy.org
- If you have a question or concern please speak to a board member or coach, or submit the issue in writing to info@niagarafallsskatingacademy.org

Skate Care Tips:

- When removing skates, blades and soles should be dried carefully with a soft cloth.
- Do not store skates with the skate guards on, cover the blades with soft blade covers if you can. Wipe and wash skate guards regularly as grit and dirt become lodged in the tracks of the guard therefore damaging the blade.
- Take skates out of skate bag at home to let them air dry at normal temperatures to avoid rotting and rusting.
- Get skates sharpened at approximately 6-8 week intervals. If your skater skates on an outdoor rink, you should sharpen their skates prior to returning to the arena.

Have a Great Season!!!

NFSA Board of Directors and Professional Coaches